

GLA Wear Red Day Event



Heart Disease is the No.1 Killer... of women in the U.S.

Veterans are welcome to this live-saving event about heart disease.

Where: West Los Angeles Medical Center
Building 500, Room 1281 (Multi-Purpose Room)

When: Tuesday February 5th

Time: 11:00am-1:00pm

Event Highlights: ***Women and Heart Disease Presentation** by Fatma Batuman, MD
Medical Director, Women's Health Comprehensive Care
***Exercise Presentation** by LaDonna Dolby, RKT, BS
***Breathing Stretching Relaxation Demonstration** by
Nancy Mohler and Anne Platt– certified yoga instructors



Don't forget to wear red!!!



For more information contact:
WLA PERC
(310) 478-3711 ext. 43964
Building 500, Room 1606

