

VA—GREATER LOS ANGELES HEALTHCARE SYSTEM  
LOS ANGELES AMBULATORY CARE CENTER

# Psychology Service Predoctoral Internship Program

2009-2010 Training Brochure



- APA-accredited since 1977
- State-of-the-art facilities
- Community mental health setting with a diverse patient population
- Generalist training within a practitioner-scientist model

351 East Temple Street, Los Angeles, CA 90012

VA GREATER LOS ANGELES  
HEALTHCARE SYSTEM



A Division of VA Desert Pacific  
Healthcare Network

*VA Greater Los Angeles Healthcare System*

# **Los Angeles Ambulatory Care Center**

Psychology Service Internship Program Training Brochure  
2009-2010

APPIC Program Code

**113911**

- Application deadline: November 15, 2008
- Internship start date: August 17, 2009
- Contact information:

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Paul.Lo@va.gov

**351 East Temple Street, Los Angeles, CA 90012**

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## Predoctoral Internship Program in Psychology

### *Introduction*

Centrally located in the heart of downtown, the Los Angeles Ambulatory Care Center (LAACC) has occupied an important place in the LA community for the past fifty years. First situated in the Broadway commercial area, the LAACC also resided in the historic Subway Terminal Building near Bunker Hill before settling into its new home near Union Station in 1993. Now located adjacent to Olvera Street, Little Tokyo, and Chinatown, the clinic welcomes a diverse clientele representing veterans of many eras, ethnicities, and backgrounds.



Downtown is the cultural, financial, and political hub of metropolitan Los Angeles, an area that extends west to Santa Monica, south to the Port of Los Angeles, north to the San Gabriel Mountains, and east to Whittier. Los Angeles is in the midst of a physical and socio-cultural renaissance. Businesses, shopping, recreation, and cultural centers now dominate the area around the clinic. The Contemporary Art Museum, Music Center, financial and garment districts, and jewelry center are all within walking distance of the clinic.



Housed in a recently constructed, state-of-the-art building, LAACC represents what is current in health care. As part of the newly formed VA Greater Los Angeles Health Care System, it is part of the modern VA, providing innovative, comprehensive, and coordinated care to veterans and their families.

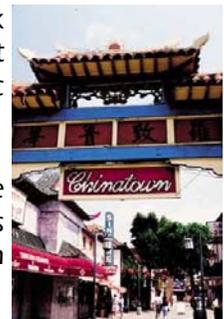
### *About the Clinic*

LAACC is an ambulatory care facility that provides comprehensive medical and mental health services to its veteran population. Staffed by over 100 employees, it offers audiology and speech pathology, dentistry, dietetics, general and rehabilitation medicine, nursing, internal medicine, optometry, pharmacy, psychiatry, psychology, and social work services. It also has specialty clinics for problems like arthritis, diabetes, heart disease, hypertension, infectious disease, HIV/AIDS, low vision, and orthopedic disabilities. Approximately 500 patients are seen daily at the clinic.

Mental health programs include outpatient mental health, substance abuse treatment, and Day Treatment. Specialty programs for post-traumatic stress disorder and behavioral medicine also exist. Psychology plays a significant role in all mental health programs.



LAACC is closely connected to the East Los Angeles Neighborhood Clinic, a VA facility located about eight miles away in a largely Latino community. The clinic offers community-based medical and mental health services in a multicultural setting. The Post-Traumatic Stress Disorder Clinical Team, Outpatient Mental Health, and a socialization program are mental health programs



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located there. Psychology staff and students are highly involved in providing services within a number of programs at this clinic.

The clinic building on Temple Street was completed in 1993 and is state-of-the-art in every way. It is bright, spacious, and offers views of Los Angeles' landmark architecture and nearby mountains. It was designed to be functional, and is easily accessible to the clinic's disabled clientele. Interns have their own offices with phones, voice mail and high-powered IBM-compatible Pentium computers that are linked to the clinic's network. In addition, there are computerized administration, scoring, and interpretation services for many psychological tests. Interns also have access to the medical library at the West Los Angeles VAMC as well as internet bibliographic services.



Lobby at LAACC



Cafeteria patio at LAACC

### ***Psychology Service***

The Psychology Service consists of seven full-time psychologists, three part-time psychologists, and an administrative assistant. Training staff come from both academic and professional schools and represent a variety of theoretical outlooks, including cognitive-behavioral, interpersonal, family systems, and psychodynamic. Staff hold appointments at local academic institutions including Alliant International University, Fuller Graduate School of Psychology, University of California at Los Angeles, and University of Southern California. All staff psy-

chologists participate in the training program. See Appendix I for vitae of the Psychology Service staff.

### ***Internship Overview***

The Psychology Service of the LAACC offers a one-year, full-time predoctoral internship. Accredited by the American Psychological Association since 1977, its focus is helping interns master several essential areas in outpatient psychological care. We view our mission as providing training that prepares interns for the duties typical of a psychologist in an outpatient setting. With this in mind, we provide generalist training in a whole spectrum of outpatient and community mental health services. We offer practical

experience, didactic training, and intensive mentoring in order to help our interns master these areas. We provide training according to a practitioner-scientist model.



Location of the East Los Angeles Neighborhood Clinic



Intern office at LAACC

The areas that we consider essential to outpatient psychological care are:

1. Psychodiagnostic assessment
2. Intake assessment
3. Psychotherapy: Individual and group
4. Interdisciplinary liaison skills
5. Teaching and education

### ***Funding and Health Benefits***

Each of our internship positions is funded by the VA at \$25,067 for the year. Payment is on a bi-weekly basis. Federal employee benefits including health insurance, sick leave, and annual leave are available to interns. Free parking is also provided for interns.

### ***Application Deadline***

The Director of Training must receive completed applications (including all supporting documents) no later than November 15, 2008. Applicants who pass our initial application screening will be offered interviews for January. Since we strongly consider information from interviews in our selection process, we urge those applicants who are offered interviews to take advantage of them.

### ***Selection Date***

We are affiliated with the Association of Psychology Postdoctoral and Internship Centers (APPIC). This internship site abides by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern.

### ***In Sum***

The predoctoral internship training program at the Los Angeles Ambulatory Care Center offers students an opportunity to learn comprehensive assessment and intervention skills in a community-based outpatient setting. Interns learn traditional and innovative psychological treatments in a multidisciplinary environment that fosters growth and intellectual development. Our philosophy of training is that students learn best through frequent observation of, and interaction with, a variety of staff in didactic seminars, supervision, and delivery of psychological services. Interns are treated as junior colleagues. Our overall goal is to help students develop the skills and confidence they need to practice outpatient psychology competently and ethically at the entry level for doctoral graduates.

## Appendix I

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### Psychology Staff



Carolyn Feigel



Carole Goguen



Sharon Jablon



Paul Lo



Kimberly Newsom



Deborah Owens



Leona Payton-Franklin  
Administrative Assistant



Debra Sobol



Susan Steinberg



Stephen Strack



Gary Wolfe

## Carolyn A. Feigel

- Education:** Ph.D., University of Southern California, 2003  
M.S.W., University of Southern California, 1997
- Internship:** VA Ambulatory Care Center, Los Angeles, CA, 2002-2003
- Work Experience:** Staff psychologist, LAACC, Los Angeles, CA, 2005-present. Postdoctoral Fellow, Harbor-UCLA Medical Center; Torrance, CA, 2003-2004; Pre-Intern, West Los Angeles VAMC, Los Angeles, CA, 1989-2000; Research Assistant, UCLA Neuropsychiatric Institute, Los Angeles, CA., 1998-1999; Social Work Intern, USC Counseling Center, Los Angeles, CA., 1996-1997; Social Work Intern, Fountain Valley Regional Hospital, Fountain Valley, CA., 1995-1996; Teaching Assistant, University of San Francisco, CA., 1995.
- Academic Affiliation:** Lecturer, Harbor UCLA Medical Center, Departments of Family Medicine, Psychiatry, and Psychology
- Licensure:** Psychologist: California, 2004- present
- Professional Organizations:** American Psychological Association; Western Psychological Association
- Recent Publications/ Presentations:**  
Martin, D., & Feigel, C. (in press). HIV/AIDS and end of life: Therapist grief and growth. In R. Katz & T. Johnson (Eds.), *When the helping professional weeps: Emotional and countertransference issues in end of life care*. New York: Bruner-Routledge.  
Feigel, C., Newcomb, M., Levine, A., & Richardson, G. (2002). *Maternal HIV and caregiver burden*. Poster presented at the 110<sup>th</sup> Annual Convention of the American Psychological Association, Chicago.  
Feigel, C & Durvasula, R. S., (2000). *Self-efficacy, organizational level & medication adherence in HIV+ women*. Poster presented at the Western Psychological Association Annual Convention, Portland, OR.  
Feigel, C. & Durvasula, R. S. (1999). *Social desirability and self-report of adherence in HIV positive women*. Poster presented at the 107<sup>th</sup> Annual Convention of the American Psychological Association, Boston, MA.
- Clinical Position:** Post-Traumatic Clinical Team Staff Psychologist, VA-East Los Angeles Clinic
- Treatment Orientation:** Cognitive-behavioral, Psychodynamic
- Areas of Interest:** PTSD assessment and treatment; HIV treatment and medication adherence; end of life issues; neuropsychology; ethnic minority mental health

## Carole Goguen

Education: Psy.D., Pepperdine University, 1998

Internship: Patton State Hospital, Patton, CA 1997-1998.

Work Experience: Staff Psychologist, LAACC, Los Angeles, CA, 2001-Present; Associate Director For Research & Education, Executive Div., National Center for PTSD, White River Junction, VT, 1998-2000; Adjunct Faculty: Argosy University 2007-Present, Azusa Pacific University 2004-2005, Pepperdine University 2002, California State University, Los Angeles 1996.

Licensure: Psychologist: California, 2001-present.

Professional Organizations: International Society for Traumatic Stress Studies; American Psychological Association; American Psychology-Law Society; National Register of Health Service Providers in Psychology;

Recent Publications/Presentations: Wood, J., Foy, D., Goguen, C., Pynoos, R., & James, C.B. (2002). Violence exposure and PTSD among delinquent girls. *Journal of Aggression, Maltreatment, and Trauma, Vol 6(1)*, 109-126.

Wood, Jenifer, Foy, David W, Goguen, Carole A, Pynoos, Robert, & James, C. Boyd. (2002). Violence exposure and PTSD among delinquent girls. In R. Greenwald (Ed), *Trauma and juvenile delinquency: Theory, research, and interventions*. (pp. 109-126). Binghamton, NY: Haworth Maltreatment and Trauma Press/The Haworth Press, Inc.

Goguen, C. A., & Friedman, M. J. (2000). Stress effects of the Korean conflict. In G. Fink (Ed.) *Encyclopedia of stress* (Vol. 2, pp. 595-597). San Diego, CA: Academic Press.

Foy, D. W., & Goguen, C. A. (1998). Community violence-related PTSD in children/adolescents. *PTSD Research Quarterly, 9(4)*, 1-6.

Jankowski, M. K., Descamps, M., Salyers, M., Mueser, K., & Goguen, C. A. (1999). *Treating PTSD in a woman with severe mental illness: Case presentation*. Paper presented at the meeting of the International Society for Traumatic Stress Studies, Miami, FL.

Clinical Position: Staff Psychologist: Mental Health Clinic, and Military Sexual Trauma/Women's Health Program

Treatment Orientation: Cognitive-behavioral

Interest Areas: Psychotherapy and research of PTSD and sexual trauma; forensic psychology; community violence; disaster mental health; existential psychology

## Sharon Jablon

- Education:** Ph.D., California School of Professional Psychology, Los Angeles, CA, 1989.
- Internship:** VA Medical Center, Sepulveda, CA, 1987-88; University of California at Irvine Medical Center, 1986-87.
- Work Experience:** Staff Psychologist, LAACC, Los Angeles, CA, 1989-present; Founder & Director of PSYCHPREP Licensure Preparation, 1992-present; Training Consultant, Westside Hotline, 1987-1997; Teaching Assistant, California School of Professional Psychology, Los Angeles, 1985-87.
- Academic Affiliation:** Clinical Professor, Fuller Graduate School of Psychology
- Licensure:** Psychologist: California, 1990-present.
- Professional Organizations:** American Psychological Association
- Recent Publications/ Presentations**
- Jablon, S.L. (2008, July). *The California Psychology Supplemental Examination: A two-day workshop*. Two day licensure workshop conducted in Los Angeles.
- Jablon, S.L. (2008, May). *Mastering the Examination for Professional Practice in Psychology*. Two day licensure workshop conducted in Los Angeles.
- Jablon, S.L., Sreenivasan, S.K., & Weinberger, L. (2007, June). *Law and ethics for psychologists: some recent developments*. Six-hour CE workshop given at VA West Los Angeles Healthcare Center.
- Jablon, S.L. (2007, May). *Becoming a licensed psychologist: an informational workshop*. Presented at Alliant International University (AIU), Los Angeles.
- Jablon, S.L. (2005, August). *California law and the APA ethics code*. One day licensure workshop conducted in Los Angeles.
- Jablon, S.L., Naliboff, B.D., Gilmore, S.L., & Rosenthal, M.J. (1997). Effects of relaxation training on glucose tolerance and diabetic control in Type II diabetes. *Applied Psychophysiology and Biofeedback*. 22(3), 155-169.
- Clinical Position:** Staff Psychologist: Mental Health Clinic
- Treatment Orientation:** Psychodynamic (Object Relations)
- Interest Areas:** Depression, interpersonal issues, stress management, legal and ethical issues, psychodynamic psychotherapy, group therapy.

## Paul C. Lo

Education: Ph.D., Graduate School of Psychology, Fuller Theological Seminary, Pasadena, CA, 2001.

Internship: VA Ambulatory Care Center, Los Angeles, CA., 2000-2001.

Work Experience: Staff Psychologist, VA-LAACC, 2001-present; Assistant Director of Training, VA-LAACC, 2006-present; Private Practice, 2003-present.

Academic Affiliation: Clinical Assistant Professor, Fuller Graduate School of Psychology

Licensure: Psychologist: California, 2003-present.

Professional Organizations: American Psychological Association, National Register of Health Service Providers in Psychology

Recent Publications/ Presentations: Lo, P.C. (2006). *Motivational interviewing: Helping patients along the change process*. Presentation to mental health staff at the Olive View-UCLA Medical Center, Los Angeles.

Lo, P.C. (2003). *An overview of the Matrix Model of substance abuse treatment*. Presentation to Substance Abuse Program staff at the U.S. Department of Veteran Affairs, Los Angeles Ambulatory Care Center, Los Angeles.

Lo, P. C. (2001). *Counseling ... What, Why, and How?* [Brochure]. Pasadena, CA: Pacific Clinics-Asian Pacific Family Center.

Lo, P.C. (2001). *Cognitive functioning in a homeless population with multiple traumatic brain injuries*. Presentation to Mental Health staff at The U.S. Department of Veterans Affairs, Los Angeles Ambulatory Care Center, Los Angeles, CA

Clinical Position: Staff Psychologist; Assistant Director of Training; Director, Alcohol and Substance Abuse Program (ASAP) and Alcohol and Substance Abuse—Co-occurring Disorder Program.

Treatment Orientation: Cognitive-behavioral, Psychodynamic

Interest Areas: Substance abuse treatment; PTSD & other anxiety disorders, neuropsychological assessment; spirituality and mental health; cross-cultural issues in psychotherapy; couples therapy

**Kimberly C. Newsom**

- Education:** Ph.D., University of Kentucky, 2004.
- Internship:** Wilford Hall Medical Center, Lackland Air Force Base, TX, 2001-02.
- Work Experience:** Staff Psychologist, LAACC, Los Angeles, CA, 2007-present.  
Mental Health Therapist, Spokane Public Schools, Spokane, WA, 2006-07.  
Clinical Psychologist/Chief, Life Skills Support Center, Fairchild Air Force Base, WA, 2004-06.  
Staff Psychologist, Life Skills Support Center, Fairchild Air Force Base, WA, 2002-04.  
School Psychologist, Fayette County Public Schools, Lexington, KY, 1998-01.  
Teaching Assistant, University of Kentucky Educational & Counseling Psychology Department, Lexington, KY, 1996-98.  
Elementary School Teacher, Ralph Waldo Emerson Elementary School, Compton Unified School District, CA, 1990-95.
- Licensure:** Psychologist: Delaware, 2008.
- Professional Organization:** National Education Association
- Clinical Position:** Staff Psychologist; Women's Dual-Diagnosis Recovery Program
- Treatment Orientation:** Cognitive-behavioral
- Interest Areas:** Cognitive-behavioral therapies; women's issues; PTSD/trauma; children & adolescents

## Deborah R. Owens

- Education: Ph.D., Kent State University  
Kent, OH, 1997.
- Internship: VA Medical Center, Long Beach, CA, 1996-1997.
- Work Experience: Staff Psychologist, LAACC & ELA-CBOC, Los Angeles, CA, 2000-present; Staff Psychologist, West Los Angeles VAMC, 2003-present; Private practice, Harbor Psychologists, 2003-present; Postdoctoral Fellowship, Harbor-UCLA Medical Center; Torrance, California, 1999-2000.
- Academic Affiliation: Clinical assistant professor, Fuller Graduate School of Psychology
- Licensure: Psychologist: California, 2001-present
- Recent Publications/Presentations: Owens, D. R., (March, 2000). *Working with dying patients: Dealing with death and the dying process*. Seminar presented at Harbor-UCLA Medical Center, Torrance, C.A.
- Lopez, I., Neal-Barnett, A. M., Owens, D. R. (August, 1996). *Body image and women of color*. Round table discussion at the American Psychological Association, Toronto, Canada.
- Borrego, J., Fruzzetti, A., Owens, D. R., & Rubio-Kuhnert, A. (November 19, 1995). *Major issues that face culturally diverse populations: What we as behavior therapists and researchers can do*. Panel discussion presented at the Association for Advancement of Behavior Therapy, Washington, DC.
- Neal, A., Owens, D. R., Stewart, E. (March 26, 1993). *Self-perception of Test Anxious African American Children*. Poster presented at the 60th Annual Society for Research in Child Development, New Orleans, LA.
- Clinical Position: Clinic Coordinator, East Los Angeles CBOC; Staff Psychologist: Day Treatment Center
- Treatment Orientation: Humanistic, Cognitive-Behavioral
- Interest Areas: HIV counseling; treatment of chronic psychiatric disorders.

## Debra Anne Sobol

Education: Ph.D., University of Southern California, 2000.

Internship: VA Ambulatory Care Center, Los Angeles, CA, 1999-2000.

Work Experience: Staff Psychologist, LAACC, Los Angeles, CA, 2000-present. Project Director, Families Utilizing Negotiation (FUN), University of Southern California, Los Angeles, 1997-1998; Program evaluator, Peacemaker Program, Los Angeles, CA., 1996-1997, Teaching Assistant, USC Counseling Psychology Program, Los Angeles, CA., 1995; Research Assistant, USC Institute for Health Promotion, Los Angeles, CA 1984-1988, Health Education Coordinator, USC Institute for Health Promotion, Los Angeles, CA 1980-1983.

Academic Affiliation: Clinical assistant professor, Fuller Graduate School of Psychology

Licensure: Psychologist: California, 2003-present

Professional Organizations: American Psychological Association; Los Angeles County Psychological Association; American Pain Society.

Recent Publications/Presentations: Stanton, S., Sobol, D. & Yakush, B. (2007, April). *Introducing a process group or couples with chronic illness: A pilot program in an outpatient VA clinic.* Paper presented at the meeting of the Society of Behavioral Medicine, Washington, D. C.

Sobol, D. F. (1998). *Partnering with schools: Project FUN, An adolescent parent conflict resolution training program.* Workshop presented to school and community personnel in Los Angeles middle schools, Los Angeles, CA.

Sobol, D.F., Rohrbach, L.A., Dent, C.W., Gleason, L. Brannon, B.R., Johnson, C.A. & Flay, B.R. ( 1989). The integrity of smoking prevention curriculum. *Health Education Research, 4 (1), 59-67.*

Sussman, S., Brannon, B. R., Flay, B. R., Gleason, L., Senior, S., Sobol, D. F., Hansen, W. B., & Johnson, C. A. (1986). The television school and family smoking prevention/cessation project. II. Formative evaluation of television segments by teenagers and parents-implications for parental involvement in drug education. *Health Education Research, 1 (3), 185-194.*

Clinical Position: Coordinator, Behavioral Medicine/Health Psychology

Treatment Orientation: Cognitive-behavioral, Psychodynamic

Interest Areas: Behavioral medicine; pain management; primary care/health psychology; conflict resolution; parenting education; multicultural issues.

## Susan Steinberg

- Education:** Ph.D., Clark University, 1989.
- Internship:** VA Medical Center, Palo Alto, CA, 1987-88.
- Work Experience:** Director of training, LAACC, Los Angeles, CA, 2001-present; Staff Psychologist, LAACC, 1990-present; Private practice, Los Angeles, CA, 1991-2002; Postdoctoral fellow, Department of Psychiatry, Harbor-UCLA Medical Center, 1989-90; Registered psychological assistant, Long Beach, CA, 1988-90; Research consultant, University of Massachusetts Medical Center, Worcester, MA, 1985-87; Teaching assistant, Clark University, 1984-85.
- Academic Affiliation:** Clinical professor, Fuller Graduate School of Psychology; Clinical associate professor, UCLA, 1993-2000.
- Licensure:** Psychologist: California, 1991-present.
- Professional Organizations:** American Psychological Association; Association for Women in Psychology; Association of VA Psychology Leaders.
- Recent Publications/Presentations:** Brodsky, A. & Steinberg, S. (2008, April). *Clinical Psychology: Insider Edition: PsychCRITIQUES-Contemporary Psychology: APA Review of Books*; [www.PsychCRITIQUES@mimh.edu](http://www.PsychCRITIQUES@mimh.edu).
- Steinberg, S. (2006, June). *Current issues in clinical supervision*. One-hour CE workshop given at the West Los Angeles VAMC .
- Siegel, R., Cole, E., & Steinberg-Oren, S. (2000). *Jewish mothers tell their stories: Acts of love and courage*. New York: Haworth Press.
- Kaser-Boyd, N. & Steinberg-Oren, S. (2000). Principles of interpretation. In T. Rose, N. Kaser-Boyd, & M. Maloney (Eds.), *Essentials of rorschach assessment* (pp. 110-137). New York: Wiley.
- Steinberg, S., & Graves, P. (1998, March). *Time-limited dynamic psychotherapy*. Six-hour CE workshop given at the California Psychological Association Annual Convention, Pasadena, CA.
- Moffett, L., Steinberg, S.L., & Rhode, R. (1996). Personality assessment of substance-dependent patients in a therapeutic community, *Journal of Substance Abuse Treatment*, 13 (2),127-134.
- Clinical Position:** Director of Training; psychodiagnostic assessment; TLDP
- Treatment Orientation:** Psychodynamic, Time-Limited Dynamic Psychotherapy, Mindfulness
- Interest Areas:** Rorschach assessment; brief psychodynamic therapy; the psychology of women; couple's therapy; mindfulness

## Stephen Strack

Education: Ph.D., University of Miami, 1983.

Internship: VA Medical Center, West Los Angeles, CA, 1982-83.

Work Experience: Staff Psychologist, VA-LAACC, 1985-present; Assistant Director of Training, VA-LAACC, 2001-2006; Director of Training, VA-LAACC, 1993-1997; Staff Psychologist, Los Angeles County Skid Row Project, 1984-85; Postdoctoral Intern, Alcoholism Rehabilitation Laboratory, VA Medical Center, Sepulveda, CA, 1983-84.

Academic Affiliation: Adjunct Professor, Alliant International University, CSPP, Los Angeles; Clinical Professor, Fuller Graduate School of Psychology, Pasadena, CA.

Licensure: Psychologist: California, 1985-present

Professional Organizations: Fellow, American Psychological Association; California Psychological Association; International Society for the Study of Personality Disorders; Executive Officer, Society for Interpersonal Theory and Research; Fellow, Society for Personality Assessment; Society for Research in Psychopathology; Western Psychological Association.

Recent Publications/ Presentations

Strack, S. (in press). Evidence-based assessment and instrumentation for personality disorders. In J.J. Magnavita (Ed.), *Evidence-based treatment of personality dysfunction: Principles, methods, and processes*. Washington, DC: American Psychological Association.

Strack, S. (Ed.) (2008). *Essentials of Millon inventories assessment* (3<sup>rd</sup> ed). Hoboken, NJ: Wiley.

Strack, S., & Millon, T. (2007). Invited essay: Contributions to the dimensional assessment of personality disorders using Millon's model and the *Millon Clinical Multiaxial Inventory* (MCMII-III). *Journal of Personality Assessment*, 89, 56-69.

Millon, T., Strack, S.N., Millon, C., & Grossman, S. (2006). *Millon College Counseling Inventory (MCCI) manual*. Minneapolis, MN: NCS Pearson.

Strack, S. (Ed.) (2006). *Differentiating normal and abnormal personality* (2nd ed.). New York: Springer.

Strack, S., & Kinder, B.N. (Eds.) (2006). *Pioneers of personality science*. New York: Springer.

Clinical Position: Coordinator, psychodiagnostic assessment; Staff psychologist: Mental Health Clinic and East Los Angeles CBOC.

Treatment Orientation: Interpersonal, psychodynamic, personological

Interest Areas: Normal and abnormal personality; MCMII-III; stress and coping; interpersonal and systems theory; death and dying

## Gary Wolfe

- Education: Ph.D., University of Texas at Austin, 1974.
- Internship: Los Angeles County/University of Southern California Medical Center, 1971-72.
- Work Experience: Associate Chief, Mental Health, GLA, 1998-present; Department Chair, Psychology, GLA, 1999-present; Professional Discipline Chair, SCSC, 1998-1999; Chief Psychologist, VA LAOPC, 1992-1998; Staff psychologist and Director of Internship Training, LAACC, Los Angeles, CA, 1982-92; Coordinator of Adult Direct Services, Department of Psychosocial Services, Kaiser-Permanente, San Diego, CA, 1980-82.
- Academic Affiliation: Clinical Professor, Fuller Graduate School of Psychology; Lecturer, University of California at Los Angeles School of Dentistry.
- Licensure: Psychologist: California, 1976-present
- Professional Organizations: American Psychological Association; California Psychological Association; American Association for the Advancement of Science, Association for Psychological Science, Association of VA Psychology Leaders.
- Recent Publications/Presentations:
 

Bautista, J., Antaramian, J., & Wolfe, G.R. (2002, December). *The relationship of hypertension and celecoxib*. Paper presented at the Mid-year Convention, American Society of Healthcare Pharmacists, Atlanta, GA.

Katz, R.C., Davidoff, M.N., & Wolfe, G.R. (2001). *Improving communication in Parkinson's disease* (4th ed.). Austin, TX: Pro-Ed.

Stewart, J.E., Wolfe, G.R., Maeder, L., & Hartz, G.W. (1996). Changes in dental knowledge and self-efficacy scores following interventions to change oral hygiene behavior. *Patient Education and Counseling*, 27, 269-277.

Wolfe, G.R., Stewart, J.E., Maeder, L.A., & Hartz, G.W. (1996). Changes in dental beliefs following oral hygiene interventions: Applications of the Dental Coping Belief Scale for measuring cognitive changes. *Community Dentistry and Oral Epidemiology*, 24, 37-41.
- Treatment Orientation: Cognitive-behavioral
- Interest Areas: Cognitive and behavioral therapies; health psychology; clinical neuropsychology; management and organizational psychology.

## Appendix II

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### Training Hours and Scheduling

## Program Requirements and Electives: Putting It All Together

### *Breakdown of Training Hours*

The internship is a full-time, year-long program involving 2080 hours. Approximately 65% of the training hours are spent in required programs and activities, with the remaining 35% coming from elective activities. See below. During a typical week, interns spent 18-20 hours in direct patient care, 6-7 hours in seminars, and 4-6 hours in individual/group supervision.

Program/Activity	Total Hours
<i>Requirements</i>	1358-1378
Behavioral Medicine/Health Psychology	250
Mental Health Clinic	100
Post-Traumatic Stress Disorders	128
Time-Limited Psychotherapy	80-100
Psychodiagnostic assessment	200
Seminars	300
Supervision	300
<i>Electives</i>	702-722
TOTAL	2080

### Weekly Schedule

It is sometimes difficult for prospective interns to conceptualize how they will spend a typical week here, and how they will fulfill all of the training requirements. Much of this difficulty stems from the fact that we do not send students to a few wards or programs where they spend large amounts of time. In some training programs a full day or week may be devoted to just one patient care activity. For example, on Mondays you may do only assessments, on Tuesdays behavioral medicine, on Wednesdays substance abuse treatment, etc. In our program, interns do a variety of activities on any given day.

One of the first tasks you will have as an intern is to set up your weekly schedule. The way this works is that you will be informed about the required and elective programs and activities when you first arrive, during an orientation week. You will then sit down with your primary supervisor and put together a tentative schedule. Over the course of the first 2-4 weeks, you will solidify this schedule based on when you are scheduled to do the East LA rotation, what your interests are for

elective activities, and what the other interns want to do. Although there is always some juggling that goes on in the first few weeks, remember that about 70% of your time is already booked into required activities. Most of the decisions about your schedule have to do with when you will see patients, do groups and testing, and meet various supervisors.

Following is a schedule of the required programs and activities. In between each of these regularly scheduled rotations, seminars, and supervision, you will be scheduling the rest of your groups, individual clients, assessments, supervision time, and electives. Over the course of the year, there can be some changes to this schedule of requirements.

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MONDAY: PTSD/Professional Issues/Movie Book Club lunch  
12:15pm-1:00pm  
In-service Training & High Risk Conference,  
2:00pm-3:00pm

TUESDAY: ELA PTSD Clinic 7:30am-4:00pm (4-month rotation)

WEDNESDAY: Assessment Seminar, 8:00am-9:00am  
Mental Health Clinic Intake, 11:00am-1:00pm  
Group Therapy/Substance Abuse  
2:00pm-3:00pm  
Time-Limited Dynamic Psychotherapy Seminar,  
3:00pm-4:00pm

THURSDAY: Behavioral Medicine Seminar/Intake, 8:00am-  
10:00am

Behavioral Medicine Seminar and Supervision,  
12:45pm-2:30pm

FRIDAY: No routinely scheduled activities

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An example of a weekly intern schedule from 2006-07 is given on the next page.

### ***Intern Caseload***

Questions arise as to how many patients, groups, and assessment cases interns are supposed to carry at any one time. In the past, the typical caseload has been 6 psychotherapy patients (individuals and couples), 4 groups, and 2 assessments. This is the total across all programs. We recognize that each student's caseload will vary to some extent. Some students, for example, like working with groups and may have 5 groups on their caseload. To balance this out, they may have 4-5 psychotherapy patients instead. Your primary supervisor will help you to develop your caseload.

### *Fulfilling Required Program Hours*

Prospective interns often look through the brochure and try to add up the number of required hours for each specific program and activity, and then see how it all adds up. This can be misleading because multiple requirements can be fulfilled with single activities. For example, the weekly caseload of 6 psychotherapy clients can be made up of patients from a number of different programs (e.g., TLDP, behavioral medicine, substance abuse, PTSD), and thus fulfill hourly requirements for each of these programs while also fulfilling the individual psychotherapy requirement. Your primary supervisor will help you keep track of these hours.

### *Sample Intern Schedule*

Following is a weekly schedule for one of our 2003-04 interns during the last 4 months of the training year. It is reprinted here to give you an idea of how various training activities can be broken into 30-60 minute blocks of time. Every student's schedule will be somewhat different because of individual preferences. This particular intern had already taken the East LA rotations and so had extra time to schedule elective activities like Sexual Health, Smoking Cessation, and Clinical Research.

	Monday	Tuesday	Wednesday	Thursday	Friday
730	Prep notes/Appts	Prep notes/Appts	Prep notes/Appts	Prep notes/Appts	Prep notes/Appts
800	ASAP Intakes / Psych Testing / Report Writing Location: B138	Individual Therapy Location: B138	Assessment Seminar Location: Room 249	Behavioral Med Location: B249	Supervision w/ Dr. Strack Location: B255
830		Individual Therapy Location: B138	Individual Therapy Location: B138		Individual Therapy Location: B138
900	Notes/Reports Location: B138	Notes Location: B138	Individual Therapy Location: B138	In-service/High Risk Location: B249	Individual Therapy Location: B138
930	Sexual Health	Smoking Cessation Group w/ Dr. Wolfe	Mental Health Clinic Intake/Supervision Location: B249	Chronic Pain Group w/ Dr. Sobol	Notes Location: B138
1000		Lunch		Lunch	Lunch w/ Interns
1030		Support Lunch w/ Dr. Steinberg & Law/Ethics Location: B249			
1100	Psychosis Group w/ Dr. Strack Location: B249	ASAP Intakes/Psych Testing/Report Writing Location: B138	Lunch	Behavioral Med Seminar/Supervision Location: B249	ASAP Intakes / Psych Testing / Report Writing Location: B138
1130	Inservice/High Risk Location: B249		Seminars (ASAP, group, couples) Location: B249	Individual Therapy Location: B138	Clinical Research w/ Dr. Strack
1200	Supervision w/ primary Location: A465		Time Limited Dynamic Therapy Location: B249	Notes Location: B138	
1230					

## **Appendix III**

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In-service Training

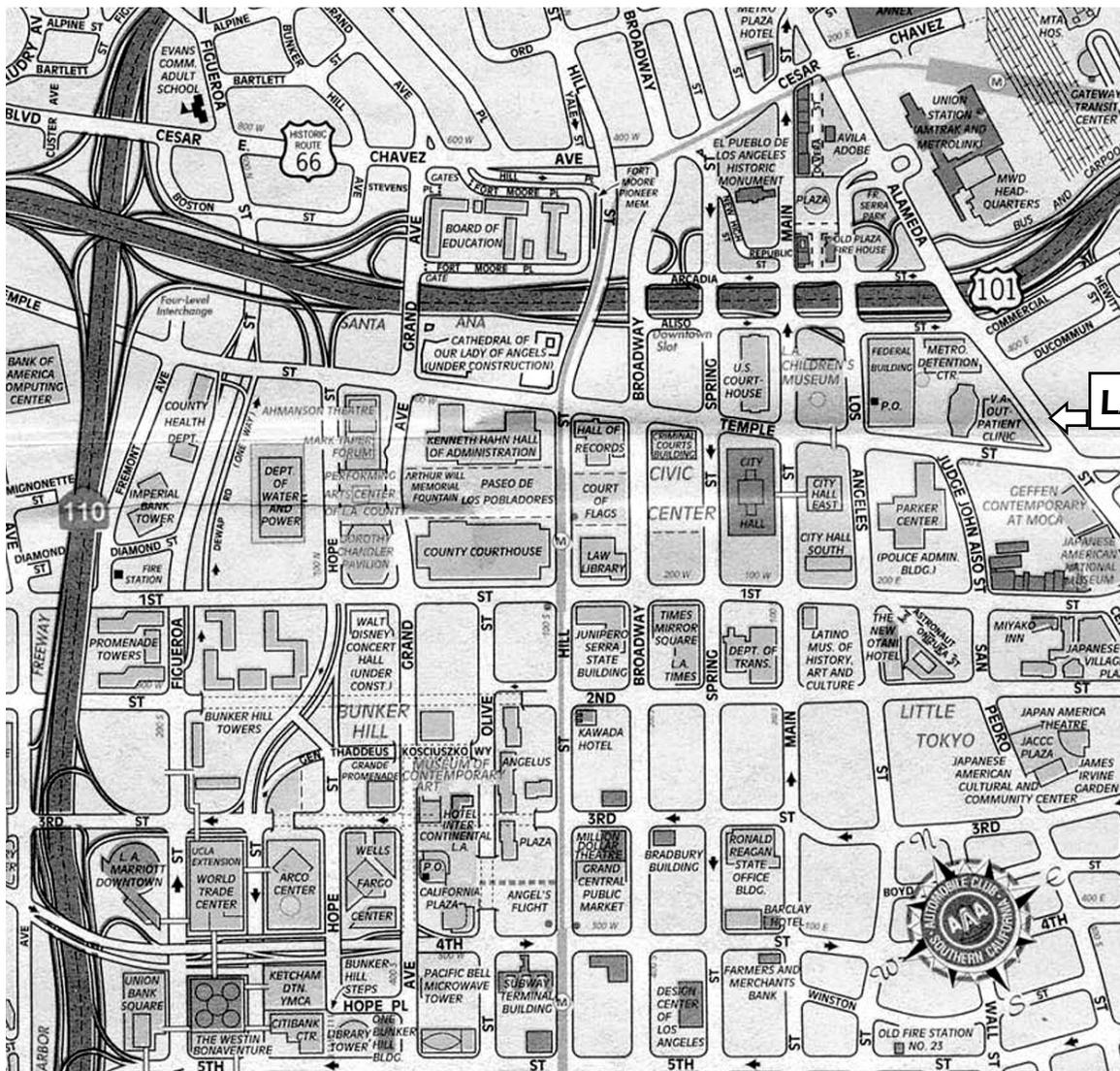
**Partial Schedule of 2006-2007  
In-service Training Meetings**

<u>Month</u>	<u>Topic</u>	<u>Speaker</u>
September	High Risk Conference Risk Assessment and Intervention	Stephen Strack, Ph.D. Sharon Jablon, Ph.D.
October	California Reporting Laws Medical Records and Confidentiality Planning Topics and Speakers	Sharon Jablon, Ph.D. Stephen Strack, Ph.D. Staff and interns
November	Life After Internship Psychopharmacology: Q & A	Greg Serpa, Psy.D. Bing Hsu, M.D.
December	The Challenges of Being Female in the VA	Naomi Himmelfarb, Ph.D.
January	High Risk Conference Forensic Psychology Careers and Issues	Staff and interns Jim Bernhardt, Ph.D.
February	Psychology and Quantum Physics Cognitive Aging and the Role of Processing Speed	Stephen Strack, Ph.D. Lisa Mitchell, M.A.
March	Program Evaluation Risk and Protective Factors for Suicide In Combat Veterans with Chronic PTSD	Staff and interns Nadia Damm, M.A.
April	Cognitive Behavioral Analysis System of Psychotherapy (CBASPP) What We Know and Don't Know about About our Patients	Lynne McFarr, Ph.D. Stephen Strack, Ph.D.
May	Building bridges between Internship and Private Practice The Construct Validity of Acceptance: A Multi-trait, Multi-Method investigation	Scott Symington, Ph.D. Dylan Kollman, M.A.
June	Issues in Termination Interpersonal Predictors of Stress Generation and Depressed Mood	Staff Nicole Eberhart, Ph.D.
July	Program Evaluation End of Year Celebration	Staff and interns Staff and interns

**All Day Conferences**

An Introduction to the MCMH-III (November 2006)  
Advances in Treatments for OEF/ OIF Veterans (December 2006)  
New Developments in the MMPI (April 2007)  
Legal and Ethical Issues in the Practice of Psychology (June 2007)

# Map of Downtown Los Angeles



LAACC

