

## Rotation Goals and Objectives

1. The program offers advanced training with extensive that affords sufficient opportunities for the resident to develop the knowledge, skills, clinical judgment, and attitudes essential to the practice of forensic psychiatry.
2. Clinical experiences include experience includes experiences in the following three areas:
  - a. Forensic evaluation of a variety of subjects of both genders, including adolescent, adult, and geriatric age groups, who represent a broad range of mental disorders and circumstances, in both civil and criminal contexts.
  - b. Consultation to general psychiatric services on issues related to the legal regulation of psychiatric practice, such as civil commitment, confidentiality, refusal of treatment, decision-making competence, guardianship, etc.
  - c. Treatment of persons involved in the criminal justice system. Appropriate affiliations are arranged to ensure that adequate exposure to a sufficient number and variety of experiences is provided.
3. Program is based on a written curriculum defined goals and objectives. Clinical case conferences and seminars dealing with topics such as law, ethics, the relevant basic and social sciences, and research are conducted regularly and as scheduled. The curriculum includes sufficient didactic content so that graduates will be knowledgeable about the content outlined.
4. Training focuses on the social and legal context for forensic work, both civil and criminal. Instruction takes into account the socio-cultural, ethnic, economic, and ethical considerations that affect mentally ill persons who come into contact with the legal system.

The UCLA/San Fernando Forensic Psychiatry Training Program  
Goals and Objectives for Rotation Sites

FAMILY COURT SERVICES  
Los Angeles, California

Goals:

- Knowledge of child custody laws.
- Evaluation methodology to perform custody evaluation.
- Evaluation of adolescents for custody.

Objectives:

- Observation of evaluations done by experienced professionals in court and the homes of families with regards to custody disputes and visitation rights.
- Evaluate families with adolescents in their homes, with regards to custody disputes and visitation rights.
- Presentation of information to the court focused on developing a custody and visitation plan that is in the best interest of the adolescent. (or observation if children are under 14 years of age.)
- Attendance of a minimum of 80% lectures and participation at rotation site.
- Individual supervision provided by staff at Family Court Services.

Attitudes:

- The fellow will be empathic, respectful, curious, open, nonjudgmental, collaborative, able to tolerate ambiguity and display confidence in the efficacy of supportive therapy.
- The fellows will be sensitive to the socio-cultural, socioeconomic, educational issues that arise in the therapeutic relationship.
- The fellow will be open to audio or videotapes or direct observations of treatment sessions.

The UCLA/San Fernando Forensic Psychiatry Training Program  
Goals and Objectives for Rotation Sites

FORENSIC OUTPATIENT CLINIC SETTING WITH FACULTY  
Multi-Site

Goals:

- Ability to evaluate cases with psychiatric legal issues.
- Ability to evaluate criminal and civil forensic cases.
- Ability to evaluate forensic issues such as testamentary capacity, personal injury, sexual harassment, malpractice, ethics complaints, insanity defense, diminished capacity, competency to stand trial, disabilities, etc.

Objectives:

- Review of forensic case material and videotapes.
- Observation of evaluations performed by faculty.
- Observe depositions or testimony.
- Perform - forensic evaluations under supervision or with a faculty member.
- Write forensic reports.

Attitudes:

- The fellow will be empathic, respectful, curious, open, nonjudgmental, collaborative, able to tolerate ambiguity and display confidence in the efficacy of supportive therapy.
- The fellows will be sensitive to the sociocultural, socioeconomic, educational issues that arise in the therapeutic relationship.

- The fellow will be open to audio or videotapes or direct observations of treatment sessions.

The UCLA/San Fernando Forensic Psychiatry Training Program  
Goals and Objectives for Rotation Sites

Juvenile Court Services  
Los Angeles, California

Goals:

- Knowledge of the structure and operation of juvenile court and major relevant statutes.
- Knowledge of the mental health needs of adolescents under juvenile court jurisdiction.
- Ability to perform evaluation on juvenile offenders to determine the severity of mental illness, aid the court in disposition and treatment decisions.

OBJECTIVES:

- Didactic discussion with Juvenile Court Mental Health Services.
- Consultation with attorneys.
- Psychiatric evaluation of adolescents to determine the severity of mental illness under juvenile court jurisdiction and preparation of written reports. Make recommendations to the court and disposition and treatment decision. Testify if indicated.

Attitudes:

- The fellow will be empathic, respectful, curious, open, nonjudgmental, collaborative, able to tolerate ambiguity and display confidence in the efficacy of supportive therapy.
- The fellows will be sensitive to the sociocultural, socioeconomic, educational issues that arise in the therapeutic relationship.

- The fellow will be open to audio or videotapes or direct observations of treatment sessions.

## The UCLA/San Fernando Forensic Psychiatry Training Program

### Goals and Objectives for Rotation Sites

#### Metropolitan State Hospital

Norwalk, California

#### Goals:

- Acquire the ability to perform a forensic psychiatric interview.
- Acquire the ability to independently write a focused and relevant forensic psychiatric reports.
- Acquire the ability to provide relevant and useful legal testimony.
- Acquire skill in the diagnoses of patients in a correctional setting. Consult with other mental health professionals in a multidisciplinary setting.
- Acquire the ability to evaluate competency to consent to medication and ability to testify.
- Acquire knowledge of the legal principles regarding treatment of Penal Code and Civil Commitment patients in a psychiatric hospital setting.

#### Objectives:

- Fellows will be observed and critiqued on performance of initial psychiatric patient interviews and forensic assessment. Fellows will be supervised on their forensic interviews.
- Write at least 15 forensic psychiatric reports that contain the appropriate and relevant data and reasoning. Receive feedback from supervisor on quality of the report. Attend the didactic lectures on forensic report

writing.

- Perform evaluation and write reports on competency to stand trial, criminal responsibility, mentally disordered offender and post acquittal release assessments. Receive feedback and critique from supervision on all reports.
- Testify on patients on psychiatric legal issues, attend lectures on expert testimony.
- Provide clinical diagnosis and treatment to at least two (2) Mentally Disordered Offenders, two (2) Not Guilty By Reason of Insanity Acquittees, and two (2) Not Competent To Stand Trial patients. Attend the appropriate team meetings with the fellow participating as team leader and consult with the other mental health professionals in a mental health multidisciplinary setting.
- Evaluate mentally disordered offenders who have filed a writ refusing medications. Testify if needed.
- Attend at least 80% of lecture, individual supervision in addition to assigned reading so as to develop a comprehensive knowledge of the state laws and legal issues of Penal Code patients at Metropolitan State Hospital.

Attitudes:

- The fellow will be empathic, respectful, curious, open, nonjudgmental, collaborative, able to tolerate ambiguity and display confidence in the efficacy of supportive therapy.
- The fellows will be sensitive to the socio-cultural, socioeconomic, educational issues that arise in the therapeutic relationship.
- The fellow will be open to audio or videotapes or direct observations of treatment sessions.

The UCLA/San Fernando Forensic Psychiatry Training Program  
Goals and Objectives for Rotation Sites

OLIVE VIEW MEDICAL CENTER  
Sylmar, California

Goals:

- Knowledge of civil commitment and ability to apply it
- Knowledge of confidentiality issues and their limitations
- Knowledge of right to refuse treatment
- Knowledge of conservatorship - LPS and Probate
- Knowledge of competency for informed consent
- Ability to testify in court

Objectives:

- Evaluation of inpatients for conservatorship, writs, probable cause hearing and Riese (right to refuse psychotropic medications) hearings..
- Testifying in mental health court on the above issues.
- Attend at least 80% of the didactic curriculum including topics in LPS civil commitment law.
- Individual Supervision with qualified Forensic Psychiatrists - minimum of 2 hour per week.

The UCLA/San Fernando Forensic Psychiatry Training Program  
Goals and Objectives for Rotation Sites

OLIVE VIEW MEDICAL CENTER  
Sylmar, California

continued

Attitudes:

- The fellow will be empathic, respectful, curious, open, nonjudgmental, collaborative, able to tolerate ambiguity and display confidence in the efficacy of supportive therapy.
- The fellows will be sensitive to the sociocultural, socioeconomic, educational issues that arise in the therapeutic relationship.
- The fellow will be open to audio or videotapes or direct observations of treatment sessions.

The UCLA/San Fernando Forensic Psychiatry Training Program  
Goals and Objectives for Rotation Sites

Twin Towers Correctional Facility  
Los Angeles, California

Goals:

- Ability to evaluate patients in a correctional setting.
- Awareness of ethical problems in treating patients in jail.
- Knowledge of special issues in treating patients in a jail setting (i.e. chronic substance abuse, malingering, cultural and minority issues).
- Knowledge of mental health law as applicable to the treatment of mentally ill inmates at the jail (i.e. LPS, conservatorships, Riese, writs of habeas corpus).
- Develop knowledge and expertise required to treat criminally and severely mentally ill inmates.

Objectives:

- Evaluation of jail patients.
- Treatment of jail patients.
- Supervision of cases.
- Preparation of forensic evaluation and/or written treatment plan for each case.
- Treatment of criminally and severely mentally ill inmates.

The UCLA/San Fernando Forensic Psychiatry Training Program  
Goals and Objectives for Rotation Sites

Twin Towers Correctional Facility  
Los Angeles, California

Continued

Attitudes:

- The fellow will be empathic, respectful, curious, open, nonjudgmental, collaborative, able to tolerate ambiguity and display confidence in the efficacy of supportive therapy.
- The fellows will be sensitive to the sociocultural, socioeconomic, educational issues that arise in the therapeutic relationship.
- The fellow will be open to audio or videotapes or direct observations of treatment sessions.

The UCLA/San Fernando Forensic Psychiatry Training Program  
Goals and Objectives for Rotation Sites

**Sepulveda VA Medical Center**

**Goals**

Compensation and Pension Examination

To acquire knowledge and expertise for Service Connected Disability in Veterans with Mental Disorders for the purpose of compensation, by learning the unique criteria that apply to Service connected disability evaluations.

**Objectives**

Fellows will observe one complete evaluation process and thereafter will review medical records and conduct and interview of the patient with mental disability to determine whether he/she meets the criteria for service connected disability. Supervision, didactics and consultation will be provided on these evaluations.

**Attitudes:**

- The fellow will be empathic, respectful, curious, open, nonjudgmental, collaborative, able to tolerate ambiguity and display confidence in the efficacy of supportive therapy.
- The fellows will be sensitive to the sociocultural, socioeconomic, educational issues that arise in the therapeutic relationship.
- The fellow will be open to audio or videotapes or direct observations of treatment sessions.

## FORENSIC PSYCHIATRY SPECIFIC COMPETENCIES

The following is the ABMS-ACGME Joint Initiative on Resident Evaluation Psychiatry specific competencies.

### ***PATIENT CARE***

1. The fellow shall demonstrate the ability to perform and document a comprehensive psychiatric history and examination in adult, geriatric, and child/adolescent patient to include:
  - a complete present and past psychiatric history
  - a social and educational history
  - a family history
  - a substance abuse history
  - a medical history and review of systems
  - a physical and neurological examination
  - a comprehensive mental status examination including the assessment of cognitive functioning
  - a developmental history
2. Based on a comprehensive psychiatric assessment (see #1), the fellow shall demonstrate the ability to develop and document:
  - a complete DSM multi-axial differential diagnosis
  - a case formulation and evaluation plan including appropriate laboratory, medical and psychological examinations
  - a comprehensive treatment plan addressing biological, psychological, and social domains
3. The fellow shall demonstrate the ability to comprehensively assess, discuss, document, and intervene concerning the patients' potential for self-harm or harm to others. This shall include:
  - an assessment of risk based on known risk factors
  - knowledge of involuntary treatment standards and procedures
  - effectively intervening to minimize risk
  - Implementing prevention methods for self-harm and harm to others
4. The fellow shall demonstrate the ability to conduct therapeutic interviews, e.g. enhance the ability to collect and use clinically relevant material through the

- conduct of supportive interventions, and exploratory interventions and clarifications.
5. The fellow shall demonstrate the ability to conduct a range of individual, group and family therapies using standard, accepted models that are evidence-based, and integrate these psychotherapies in multi-model treatment, including biological and social interventions.

## **II. MEDICAL KNOWLEDGE**

1. The fellow shall demonstrate knowledge of the major psychiatric disorders, based on the scientific literature and standards of practice. The knowledge shall include:
  - the epidemiology of the disorder
  - the etiology of the disorder including (when known) medical, genetic, and social factors
  - the phenomenology of the disorder
  - DSM diagnostic criteria
  - effective treatment strategies course and prognosis
2. The fellow shall demonstrate knowledge of psychotropic medications, including the antidepressants, antipsychotics, anxiolytics, mood-stabilizers, hypnotics, and stimulants. This knowledge shall include:
  - pharmacological action
  - clinical indications
  - side effects
  - drug interactions
  - toxicity
  - appropriate prescribing practices
3. The fellow shall demonstrate knowledge of substances of abuse. This knowledge shall include:
  - pharmacological action
  - signs and symptoms of toxicity
  - signs and symptoms of withdrawal
  - epidemiology, including social factors
4. The fellow shall demonstrate knowledge of human growth and development, including normal biological, cognitive, and psychosexual development.
5. The fellow shall demonstrate knowledge of emergency psychiatry. This include:
  - suicide
  - crisis interventions
  - differential diagnosis in emergency situations
  - treatment methods in emergency situations

- homicide, rape, and other violent behavior
6. The fellow shall demonstrate knowledge of behavioral science and social psychiatry. This shall include:
    - learning theory
    - theories of normal family organization, dynamics, and communication
    - theories of group dynamics and process
    - theology, anthropology, and sociology as it pertains to clinical psychiatry
    - transcultural psychiatry
    - community mental health
    - epidemiology
    - research methodology and statistics
  7. The fellow shall demonstrate knowledge of psychosocial therapies. This shall include:
    - all forms of psychotherapies (group, individual, family, behavioral theory and practice)
    - treatments of psychosexual dysfunctions
    - hypnosis
    - doctor-patient relationship
  8. The fellow shall demonstrate knowledge of somatic treatment methods. This shall include:
    - pharmacotherapy (as indicated in #2 above)
    - ECT
    - biofeedback
  9. The fellow shall demonstrate knowledge of patient evaluation and treatment selection. This shall include:
    - psychological testing
    - laboratory methods used in psychiatry
    - mental status evaluation
    - diagnostic interviewing
    - treatment comparison and selection
  10. The fellow shall demonstrate knowledge of consultation-liaison psychiatry. This shall include:
    - specific syndromes, e.g., stress reactions, postpartum disorders, pain syndromes, post-surgical and IOU reactions, etc.
    - psychiatric aspects of non-psychiatric illness
    - psychiatric complications of non-psychiatric treatment
    - psychosomatic and somatopsychic disorders models of consultation psychiatry

11. The fellow shall demonstrate knowledge in child and adolescent psychiatry. This shall include:
  - assessment and treatment of children and adolescents
  - disorders usually first diagnosed in infancy, childhood, or adolescence
  - mental retardation and other developmental disabilities
12. The resident shall demonstrate knowledge in forensic psychiatry.
13. The fellow shall demonstrate knowledge in administrative psychiatry and in systems of health care delivery.
14. The resident shall demonstrate knowledge in ethics.

### **III. INTERPERSONAL AND COMMUNICATION SKILLS**

1. Interpersonal skills refer to the ability of the psychiatrist to develop and maintain therapeutic relationships with patients and work collaboratively with professionals and the public.
2. Interpersonal skills require an underlying attitude of respect for others, even those with differing points of view or from different backgrounds, the desire to gain understanding of another's position and reasoning, a belief in the intrinsic worth of other human beings, the wish to build collaboration, the desire to share information in a consultative rather than dogmatic fashion, and the willingness to continuously self-observe and confront one's own biases and transferences.
3. Interpersonal skills are defined as the specific techniques and methods, which facilitate effective and empathetic communication between the psychiatrist, patients, colleagues, staff, and system.
4. The competent fellow is able to demonstrate the following skills:
  - ability to listen to and understand patients
  - ability to communicate effectively with patients, using verbal, non-verbal, and writing skills as appropriate
  - ability to foster a therapeutic alliance with patients, as indicated by instilling feelings of trust, openness, rapport, and comfort in the relationship with the physician
  - ability to use negotiation to develop an agreed upon health care management plan with patients
  - ability to transmit information to patients in a clear, meaningful fashion
  - ability to understand the impact of the physician's feelings and behavior on psychiatric treatment
  - ability to communicate effectively with allied healthcare professionals and with other professionals involved in the life of patients

- ability to educate patients and professionals about medical, psychological and behavioral issues
  - ability to work effectively within multidisciplinary team structures as member, consultant, or leader
  - ability to form relationships with patients and professionals in a culturally sensitive fashion
  - ability to exhibit professional, ethically sound behavior and attitudes in all patient and professional interactions.
5. The fellow shall demonstrate the ability to elicit information. This will include skills in eliciting important diagnostic data and data affecting treatment from individuals from the full spectrum of ethnic, racial, gender, and education background. This will include skills in tolerating and managing high levels of affect in the patients.
6. The fellow shall demonstrate the ability to obtain, interpret and evaluate consultations from other medical specialties. This shall include:
- formulating and clearly communicating the consultation question
  - discussing the consultation findings with the consultant
  - evaluating the consultation findings
7. The fellow shall serve as an effective consultant to other medical specialists, mental health professionals, and community agencies. The resident should demonstrate the ability to:
- communicate effectively with the requesting party to refine the consultation question
  - maintain the role of consultant
  - communicate clear and specific recommendations
  - respect the knowledge and expertise of the requesting party
8. The fellow shall demonstrate the ability to communicate effectively with patients and their families by:
- providing explanations of psychiatric disorders and treatment (both verbally and in written form) that are jargon-free and geared to the educational/ intellectual level of the patient
  - providing preventive education that is understandable and practical
  - respecting the patient's cultural, ethnic, and economic background
  - demonstrating the ability to develop an enhance rapport and a working alliance with patients
9. The fellow shall demonstrate the ability to manage his/her own affects and counter-transference.
10. The fellow shall maintain psychiatric medical records that are:
- legible

- timely
  - capture essential information while simultaneously respecting patient privacy
  - useful to non-psychiatric health professionals
11. The fellow shall demonstrate the ability to effectively lead a multidisciplinary treatment team. This skill includes the ability to:
- listen effectively
  - elicit needed information from team members
  - integrate information from different disciplines
  - manage conflict
  - clearly communicate an integrated treatment plan
12. The fellow shall demonstrate the ability to effectively communicate with the patient and their family (while respecting confidentiality):
- the results of the assessment
  - the risks and benefits of the proposed treatment plan, including possible side-effects of psychotropic medications
  - alternatives (if any) to the proposed treatment plan
  - education concerning the disorder, its prognosis, and prevention strategies

#### **IV. PRACTICE-BASED LEARNING AND IMPROVEMENT**

1. Psychiatrist must recognize and accept limitation in one's knowledge base and clinical skills, and understand the need for life-long learning
2. The fellow will have appropriate skills and demonstrate obtaining up-to-date information from the scientific and practice literature and other sources to assist in the quality care of patients. this shall include but not be limited to:
  - use of medical libraries
  - use of information technology, including Internet-based searches and literature databases (e.g., MedLine)
  - use of drug information databases
3. The fellow shall evaluate caseload and practice experience in a systematic manner. This may include:
  - the maintaining of patient logs
  - the review of patient records and outcomes
  - obtaining evaluations from patients (e.g., outcomes and patient satisfaction)
  - obtaining appropriate supervision
  - maintaining a system for examining errors in practice and initiating improvements to eliminate or reduce errors

4. The fellow shall demonstrate an ability to critically evaluate the psychiatric literature. This may include:
  - using knowledge of common methodologies employed in psychiatric research to evaluate studies, particularly drug treatment trials
  - conducting and presenting reviews of current research in such formats as journal clubs, grand rounds, and/ or original publications
  - researching and summarizing a particular problem that derives from the resident's case load
  
5. The fellow shall be able:
  - to review and critically assess the scientific literature to determine how Quality of care can be improved in relation to one's practice (e.g., reliable and valid assessment techniques, treatment approaches with established effectiveness, practice parameter adherence). Within this aim, the resident should be able to assess the generalizability or applicability of research findings to one's patients, in relation to their sociodemographic and clinical characteristics.
  - to develop and pursue effective remediation strategies that are based on critical review of the scientific literature

## **V. PROFESSIONALISM**

1. Fellow shall demonstrate responsibility for their patients' care. This includes:
  - responding to patient communications (#1)
  - use of the medical record for appropriate documentation of the course of illness and its treatment
  - providing coverage if unavailable, e.g., out of town, on vacation
  - coordinating care with other members of the medical and/or multidisciplinary team
  - providing for appropriate transfer or referral if this is necessary
  
2. The fellow will respond to communications from patients and health professionals in a timely manner. If unavailable, the resident will establish and communicate back-up arrangements. The resident communicates clearly to patients about how to seek emergent and urgent care when necessary.
  
3. The fellow shall demonstrate ethical behavior, as defined in the *Principles of Medical Ethics with Special Annotations for Psychiatry* (APA).
  
4. The fellow shall demonstrate respect for patients and colleagues as persons, including their age, culture, disabilities, ethnicity, gender, and sexual orientation.
  
5. The resident insures continuity of care for patients and, when it is appropriate to terminate care, does so appropriately and does not "abandon" patients.

## **VI. SYSTEMS-BASED PRACTICE**

1. The fellow shall be able to articulate the basic concepts of systems theory and how it is used in psychiatry. The resident should have a working knowledge of the diverse systems involved in treating adults, children, and adolescents, and understand how to use the systems as part of a comprehensive system of care, in general, and as part of a comprehensive, individualized treatment plan.
2. In the community system, the fellow shall have:
  - knowledge of the resources available both publicly and privately for the treatment of psychiatric/ behavioral problems impacting a patient's ability to enjoy relationships and gain employment
  - knowledge of the legal aspects of mental health as they impact patients (and their families) with psychiatric problems
3. The fellow should demonstrate knowledge of and interact with managed behavioral health systems. This shall include:
  - participating in utilization review communications and, when appropriate, advocating for quality patient care
  - educating patients concerning such systems of care
4. Demonstrate knowledge of community systems of care and assist patients to access appropriate psychiatric care and other mental health support services. This requires knowledge of psychiatric treatment settings in the community, which include ambulatory, consulting, inpatient, partial hospital, substance abuse, halfway houses, nursing homes, and hospice. The fellow should demonstrate knowledge of the organization of care in each relevant delivery setting, and the ability to integrate the care of patients across such settings.

