

GLA *trends*

SECOND QUARTER 2017

RESEARCH: IMPROVING WEIGHT IN PEOPLE WITH SERIOUS MENTAL ILLNESS



With support from VA Health Services Research and Development Service and Mental Illness Research Education Clinical Centers of Excellence, VA Greater Los Angeles Healthcare System investigators developed a computerized weight management program and peer support program to

help obese patients with serious mental illness improve their diet and activity. Following a study of 276 patients with serious mental illness in a controlled trial, VAGLAHS researchers discovered that computerized weight management with peer supports resulted in lower weight, and was more effective than clinician-led in-person services or usual care. “It’s great we now have systems that are portable and innovative,” said Dr. Alexander Young, psychiatrist and associate director of the VAGLAHS HSR&D Center. “This approach is more feasible, used more by patients, and they like it more. Programs like this exist for the general population so it’s great that this approach can work for mental health patients too.”

HOUSING FOR OUR MOST NEEDY AND VULNERABLE HOMELESS VETERANS

The passage and enactment of the West Los Angeles Leasing Act of 2016 (Public Law 114-226) has provided the authority for VA to partner with interested developers to redevelop buildings and/or land on the campus, with the goal of providing up to 1,200 units of permanent supportive housing for Veterans. VA’s initial phase begins with Building 209, where we are converting the Compensated Work Therapy-Transitional Residence facility into permanent supportive housing to provide a safe and secure environment for our most needy and vulnerable homeless Veterans. On Feb. 15, 2017, Veterans, in conjunction with VA and Step Up on Second, signed their official leases for residency at Building 209.



SUICIDE PREVENTION: REACH VET

Preventing Veteran suicide is a top priority for the VA, which is why VA is implementing a new effort to help identify at-risk Veterans who may benefit from enhanced care known as REACH VET (Recovery Engagement And Coordination for Health – Veterans Enhanced Treatment.) The program analyzes clinical and administrative data in VA medical records to identify Veterans with complex care needs that may put them at risk for suicide, hospitalization, illness, or other adverse outcomes. Once identified, a clinical re-evaluation of current treatment and outreach to the high risk Veteran is activated to assure the most vulnerable Veterans are getting their needed or desired mental health and medical services. VAGLAHS identified Clinical Psychologist Dr. Barbara Chase as the facility’s REACH VET coordinator.

FY: 2016

QUICKSTATS & map



www.LosAngelesva.gov

San Luis Obispo CBOC
1288 Morro Street, Ste.200
San Luis Obispo, CA 93401
(805) 543-1233

Bakersfield CBOC
1801 Westwind Drive
Bakersfield, CA 93301
(661) 632-1800

Bakersfield Vet Center
1110 Golden State Ave.
Bakersfield CA 93301
(661) 323-8387

Santa Maria CBOC
1550 East Main Street
Santa Maria, CA 93454
(805) 354-6000

San Luis Obispo Vet Center
1070 Southwood Drive
San Luis Obispo CA 93401
(805) 782-9101

Sepulveda Ambulatory Care Center
16111 Plummer Street
North Hills, CA 91343
(818) 891-7711

Lancaster CBOC
340 E Avenue I Suite 108
Lancaster, CA 93535
(661) 729-8655

Santa Barbara CBOC
4440 Calle Real,
Santa Barbara, CA 93110
(805) 683-1491

Sepulveda Outstation of Chatsworth Vet Center
9737 Haskell Ave
North Hills, CA 91343
(818) 892-9227

Antelope Valley Vet Center
38925 Trade Center Drive, Suites I/J
Palmdale CA 93551
(661) 267-1026

Oxnard CBOC
1690 Universe Circle
Oxnard, CA 93033
(805) 204-9135

Chatsworth Vet Center
20946 Devonshire St, Suite 101
Chatsworth CA 91311
(818) 576-0201

Los Angeles Ambulatory Care Center
351 East Temple Street
Los Angeles, CA 90012
(213) 253-2677

Ventura Vet Center
790 E. Santa Clara St. Suite 100
Ventura CA 93001
(805) 585-1860

West Los Angeles Medical Center
11301 Wilshire Boulevard
Los Angeles, CA 90073
(310) 478-3711

East Los Angeles Vet Center
5400 E. Olympic Blvd. Suite 140
Commerce CA 90022
(323) 728-9966

West Los Angeles Vet Center
5730 Uplander Way Suite 100
Culver City CA 90230
(310) 641-0326

East Los Angeles CBOC
5426 E. Olympic Boulevard
City of Commerce, CA 90040
(323) 725-7557

Gardena CBOC
1149 West 190th Street
Gardena, CA 90248
(310) 851-4705

Los Angeles Vet Center
1045 W. Redondo Beach Blvd. Suite 150
Gardena CA 90247
(310) 767-1221



WORKFORCE

Total Employees: 5,445
Employees That Are Veterans: 1,446

- Vietnam Era Veteran: 317
- Pre-Vietnam Era Veteran: 11
- Post-Vietnam Era Veteran: 1,070
- Not Vietnam Era Veteran: 48



Total Outpatient Visits: 1,396,197

OPERATIONAL BEDS

- Total Operational Beds: 1,049
- Hospital Operating Beds: 316
- Skilled Nursing Home Beds: 372
- Domiciliary Beds: 296
- Compensated Work Therapy (CWT): 65

Female Veterans: 6211
Unique Veterans: 88,137



VOLUNTEERING

Volunteers: 2008
Volunteer hours: 206,691
Donations: \$2,092,238.41

RESEARCH

Total funding: \$36,269,246
Research articles published: 94

VA



U.S. Department of Veterans Affairs

VA Greater Los Angeles Healthcare System